

# CURRICULUM VITAE

## M. Polly McKinstry, M.D., F.I.C.S

### Business Addresses:

1. Astorino & Associates Eye Center  
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**Websites:** [www.mckinstrymd.com](http://www.mckinstrymd.com)  
[www.eyoplastics.com](http://www.eyoplastics.com)

**Birthdate:** January 6, 1955  
**Marital Status:** Married  
**Spouse:** Arthur Astorino, Jr., M.D.

### EDUCATION

**Undergraduate** Swarthmore College, Swarthmore, PA  
BA 1976, with Honors  
Phi Beta Kappa, Most Valuable Athlete 1976, Leedum Fellowship 1976  
(medical school academic award)  
Athletics: 9 varsity letters

**Medical School** Yale University School of Medicine, New Haven, CT  
Medical Doctor 1981  
Thesis: Quantitation of Regional Chondro-osseous Blood Flow in the  
Maturing Canine Tibia and Femur and its Relationship to  
Tc-99m-MDP Uptake  
MC Witernitz Prize in Pathology 1978

**Internship** Western Pennsylvania Hospital, Pittsburgh, PA  
Medical Internship 1981-1982

**Residency** Albert Einstein College of Medicine/Montefiore Medical Center,  
Bronx, New York  
Ophthalmology Resident 1982-1985

**Fellowship**

Ophthalmic Plastic and Reconstructive Surgery UCLA  
Jules Stein Eye Institute under Henry I. Baylis, M.D. 1985-1986

**LICENSES/MEMBERSHIPS**

Diplomate, National Board of Medical Examiners; 1982  
Diplomate, American Board of Ophthalmology; 1986  
American Academy of Ophthalmology; Fellow, 1987-present  
American Society of Ophthalmic Plastic and Reconstructive Surgery; Fellow 1998-present  
California State Medical License; 1985, #G-54934  
New York State Medical License; 1982-1985  
California Medical Association  
Orange County Medical Association  
Orange County Society of Ophthalmology  
California Association of Ophthalmology  
International College of Surgeons; Fellow, 1994-present  
Chief of Ophthalmology Subsection, Department Surgery,  
Mission Regional Medical Center; 1989-1999

**HOSPITAL AFFILIATIONS****CURRENT**

1. Saddleback Memorial Medical Center, Laguna Hills, CA  
Medical staff with Surgical privileges in Ophthalmology
2. Pacific Hills Surgery Center, Laguna Hills, CA  
Surgical privileges in Ophthalmology and Ophthalmic Plastic Surgery
3. Mission Ambulatory Surgery Center  
Surgical privileges in Ophthalmology and Ophthalmic Plastic Surgery
4. Memorial Care Surgical Center, Saddleback Memorial, Laguna Hills, CA  
Surgical privileges in Ophthalmic Plastic surgery
5. Hoag Hospital, Newport Beach, CA, Surgical Privileges in Ophthalmology and  
Ophthalmic Plastic Surgery

**PAST**

Residency (7/1982 – 7/1985)

1. Montefiore Medical Center, Bronx, New York
2. Einstein Hospital, Einstein College of Medicine, Bronx, New York
3. Bronx Municipal Hospital Center, Bronx, New York
4. North Central Bronx Hospital, Bronx, New York

Fellowship (7/1985 to 7/1986)

1. Jules Stein Eye Institute, UCLA Medical Center, Los Angeles, CA  
Faculty staff, Department of Ophthalmology
2. Harbor/UCLA Medical Center, Torrance, CA  
Active professional staff, Ophthalmology
3. Veterans Administration Hospital, Los Angeles, CA  
Physician/attending, surgical service

Early private practice: (discontinued voluntarily)

4. Harbor/UCLA Medical Center, Torrance, CA, faculty and active professional staff in Ophthalmology
5. Western Medical Center, Tustin, CA, surgical privileges in Ophthalmology
6. Mission Regional Medical Center, Mission Viejo, CA, full surgical privileges in Ophthalmology
7. Newport Beach Surgery Center, Newport Beach, CA: surgical privileges in Ophthalmology and Ophthalmic Plastic Surgery
8. Saddleback Valley Outpatient Surgery Center, Laguna Hills, CA: full surgical privileges in Ophthalmic Plastic Surgery

### **TEACHING/PROFESSIONAL APPOINTMENTS**

1. Education Committee: American Society of Ophthalmic Plastic and Reconstructive Surgery; 2007 – present
2. Oral examiner for fellows to enter the American Society of Ophthalmic Plastic and Reconstructive Surgery; 2009 – 2024.
3. Clinical Instructor 7-1-87 to 6-30-98  
Department of Ophthalmology, Division of Ophthalmic Plastic Surgery
  - Jules Stein Eye Institute
  - Harbor/UCLA Medical Center
4. Assistant Clinical Professor 7-1-89 to 2000
  - Department of Ophthalmology Division of Ophthalmic Plastic Surgery
  - Jules Stein Eye Institute
  - Harbor/UCLA Medical Center
5. Course Faculty Instructor:
  - McKinstry P: Cosmetic Blepharoplasty Workshop, Jules Stein Eye Institute, UCLA, Los Angeles, CA. October 1985
  - McKinstry P: Cosmetic and Functional Blepharoplasty, Jules Stein Institute, UCLA, Los Angeles, CA. January 1986.
  - McKinstry P: Cosmetic Blepharoplasty, Jules Stein Eye Institute, UCLA, Los Angeles, CA. June 1989.
  - McKinstry P: Ophthalmic Plastic Surgery Workshop, Jules Stein Eye Institute, UCLA, Los Angeles, CA. December 1, 1989.
  - McKinstry P: Surgery of the Eyelid and Orbit with Emphasis on Blepharoplasty, Jules Stein Eye Institute, UCLA, Los Angeles, CA. October 12-13, 1989.
  - McKinstry P: Orbital Surgery Workshop, Jules Stein Eye Institute, UCLA, Los Angeles, CA. March 1990.
  - McKinstry P: The Art of Blepharoplasty Workshop, Jules Stein Eye Institute, UCLA, Los Angeles, CA. May 31-June 1, 1991.

- McKinstry P: The Annual Postgraduate Seminar on Orbital and Ophthalmic Plastic Surgery, Jules Stein Eye Institute, UCLA, Los Angeles, CA. April 3-4, 1992.
- McKinstry P: The Art of Blepharoplasty, Jules Stein Eye Institute, UCLA Los Angeles, CA. May 29-30, 1992.
- McKinstry P: The Art of Blepharoplasty, Jules Stein Institute, UCLA, Los Angeles, CA. June 10, 1992.
- McKinstry P: Comprehensive Cosmetic Blepharoplasty; Options and Finesse, Jules Stein Eye Institute, UCLA, Los Angeles, CA. February 17-19, 1995.
- McKinstry P: The Second Comprehensive Cosmetic Blepharoplasty Course; Options and Finesse, Jules Stein Eye Institute, UCLA, Los Angeles, CA. January 26-27, 1996.
- McKinstry P: CO2 Laser Blepharoplasty and Laser Resurfacing, Jules Stein Eye Institute, UCLA, Los Angeles, CA. June 8, 1996.
- McKinstry MP: Comprehensive Cosmetic Blepharoplasty and Laser Resurfacing: Options and Finesse , Jules Stein Eye Institute, UCLA, Los Angeles, CA, June 18–19, 1999.
- McKinstry MP: Orbital Surgery: A Master’s Symposium & Dissection Workshop, Jules Stein Eye Institute, UCLA, Los Angeles, CA, December 10–11, 1999.
- McKinstry MP: Aesthetic Eyelid and Orbitofacial Surgery, Jules Stein Eye Institute, UCLA, Los Angeles, CA, May 31-June 1, 2002.
- McKinstry MP: Aesthetic Eyelid and Orbitofacial Surgery, Jules Stein Eye Institute, UCLA, Los Angeles, CA, July 11–12, 2008.
- McKinstry MP: Aesthetic Eyelid and Orbitofacial Surgery: Options and Finesse , Jules Stein Eye Institute, UCLA, Los Angeles, CA, July 10–11, 2009.
- McKinstry MP: Aesthetic Eyelid and Facial Rejuvenation Course, Jules Stein Eye Institute, UCLA, Los Angeles, CA, July 19–20, 2013.
- McKinstry MP: Orbital Surgery: A Master’s Symposium and Dissection Workshop, UCLA, Los Angeles, CA, February 7–8, 2014.
- McKinstry MP: Aesthetic Eyelid and Facial Rejuvenation Course, Jules Stein Eye Institute, UCLA, Los Angeles, CA, August 1-2, 2014.
- McKinstry MP: Aesthetic Eyelid and Facial Rejuvenation 2015, UCLA Stein Eye Institute, Los Angeles, CA, July 31-August 1, 2015.

- McKinstry MP: UCLA Stein Eye Orbital Surgery Master's Symposium and Dissection Workshop, UCLA Stein Eye Institute, Los Angeles, CA, March 4-5, 2016.
- McKinstry MP: Aesthetic Eyelid and Facial Rejuvenation Dissection Lab and Didactic session, UCLA Stein Eye Institute, UCLA, Los Angeles, CA, July 21-22, 2017.
- McKinstry MP: UCLA Orbital Center Master's Symposium & Dissection Workshop, UCLA Stein Eye Institute, UCLA, Los Angeles, CA, February 23-4, 2018.
- McKinstry MP: Aesthetic Eyelid and Facial Rejuvenation Course, Jules Stein Eye Institute, UCLA, Los Angeles, CA, July 20-21, 2018.
- McKinstry MP: Aesthetic Eyelid and Facial Rejuvenation Dissection Lab and Didactic session, UCLA Stein Eye Institute, UCLA, Los Angeles, CA, July 19-20, 2019.
- McKinstry MP: UCLA Orbital Center Master's Symposium & Dissection Workshop, UCLA Stein Eye Institute, UCLA, Los Angeles, CA, March 6-7, 2020.
- McKinstry MP: Aesthetic Eyelid and Facial Rejuvenation Course 2022 Dissection Lab and Didactic session, UCLA Stein Eye Institute, UCLA, Los Angeles, CA, October 28-29, 2022.
- McKinstry MP: Aesthetic Eyelid and Facial Rejuvenation Course 2023 Dissection Lab and Didactic session, UCLA Stein Eye Institute, UCLA, Los Angeles, CA, July 14-15, 2023.
- McKinstry MP: Aesthetic Eyelid and Facial Rejuvenation Masters Seminar 2024 Dissection Lab and Didactic session, UCLA Stein Eye Institute, UCLA, Los Angeles, CA, July 12-13, 2024.
- McKinstry MP: Aesthetic Eyelid and Facial Rejuvenation Masters Course 2025 Dissection Lab and Didactic session, UCLA Stein Eye Institute, UCLA, Los Angeles, CA, July 11-12, 2025.

## **PUBLICATIONS**

Assistant Editor: Ophthalmic Plastic and Reconstructive Surgery, 1985-1986

Light TR, McKinstry, MP, Schnitzer J, Ogden JA: Bone Blood Flow. Regional Variation with Skeletal Maturation. Chapter 9 in: Arlet J, Ficat RP, Hungerford DA eds: Bone Circulation. Baltimore, Williams & Wilkins, 1984.

McKinstry P, Light TR, Schnitzer JE, Ogden JA: Quantitative Description of Regional Circulation Within the Immature Canine Tibia. Surgical Forum 31:509-511, 1980.

McKinstry P, Schnitzer JE, Light TR, Ogden JA, Hoffer P: Relationship of 99m-Tc-MDP Uptake to Regional Osseous Circulation in Skeletally Immature and Mature Dogs. *Skeletal Radiology* 8 (2):115-121, 1982.

Schnitzer JE, McKinstry P, Light TR, Ogden JA: Quantitation of Regional Chondro-osseous Circulation in Canine Tibia and Femur. *Am J Physiol* 242 (3): H365-H375, 1982.

### **ABSTRACTS**

Light TR, McKinstry P, Ogden JA: An Animal Model of Acute Hematogenous Osteomyelitis in Transactions of the 26<sup>th</sup> Annual Meeting of the Orthopedic Research Society, p. 334, 1980.

McKinstry P, Light T, Schnitzer J, Ogden J: Regional Osseous Flow Determination in Neonatal, Immature and Mature Canines in Transactions of the 27<sup>th</sup> Annual Meeting of the Orthopedic Research Society, 6:315, 1981.

### **PRESENTATIONS**

McKinstry P, Light TR, Schnitzer JE, Ogden JA: Quantitative Description of Regional Circulation Within the Immature Canine Tibia. Presented by P. McKinstry at the American College of Surgeons 66<sup>th</sup> Annual Clinical Congress, Atlanta, GA 1980.

Light TR, McKinstry P, Ogden JA: Osseous Blood Flow – Results of Studies in Various Aged Animals. Presented by J. Ogden at the Annual Meeting of the Pediatric Orthopedic Study Group, 1980.

Light TR, McKinstry P, Ogden JA: Pathophysiology of Acute Hematogenous Osteomyelitis. Presented by J. Ogden at the Annual Meeting of the Pediatric Orthopedic Study Group, 1980.

McKinstry P: Anatomy of the Eyelid. Presented at the Cosmetic Blepharoplasty Workshop, Jules Stein Eye Institute, UCLA, Los Angeles, CA. October 1985

McKinstry P: Full Thickness Eyelid Resection for the Treatment of Ptosis. Presented at Cosmetic and Functional Blepharoplasty and Related Procedures, Jules Stein Eye Institute, UCLA, Los Angeles, CA. January 1986.

McKinstry MP, Kamin D: Medical Ectropion Repair. Presented at UCLA Department of Ophthalmology Residents and Fellows Day, Jules Stein Eye Institute, UCLA, Los Angeles, CA. March 1985.

McKinstry P: Blepharoplasty in the 80's. Presented at Cosmetic Blepharoplasty Courses, Jules Stein Eye Institute, UCLA, Los Angeles, CA. June 1989 and December 1989.

McKinstry P: Blepharoplasty in the 80's. Presented at Western Medical Center CME Conference, October 1982.

McKinstry P, Barnes W: Orbital and Midfacial Fractures; Repair with Emphasis on Miniplate Fixation. Presented at Mission Hospital Midwinter Conference, Snowbird Conference Center, Utah. February 1990.

McKinstry P: Orbital and Midfacial Fractures with Emphasis on Repair using Miniplate Fixation Presented at Orbital Surgery Workshop, Jules Stein Eye Institute, UCLA, Los Angeles, CA. March 1990.

McKinstry MP: Cosmetic Surgery of the Eyelid and Surrounding Tissue. Reconstructive surgery to correct functional eyelid problems presented at TLC 7<sup>th</sup> Annual Summer Symposium, Anaheim, CA. June 2007.

McKinstry MP: The Eyelid and Surrounding Tissue: Examination and Assessment for Possible Surgery. Presented at NVision 15<sup>th</sup> Annual Summer Symposium, Anaheim, CA. June 2015.